

FOR TEENS, AGES 13 TO 16

Deepfakes & AI Risks

AI has made it cheap and fast to fake a photo, a voice, or a relationship. Three specific risks are worth knowing about.

Nudify apps & deepfakes

Apps that digitally remove clothing from an ordinary photo, or paste a face onto explicit content. A normal school or social media photo is all that's needed, no original explicit image is required. An ordinary photo from Instagram, a school page, or a group chat is all it takes.

AI companion chatbots

Apps designed to keep people emotionally engaged for hours, sometimes drifting into romantic, sexual, or self-harm-adjacent conversation the AI isn't equipped to handle safely.

Voice cloning

A few seconds of audio, often lifted from a social media video, is enough to clone a voice convincingly for a "family emergency" scam call.

If a fake image of you shows up

- It happened to you, not because of anything you did, even if the original photo was something you posted yourself.
- Don't confront whoever made or shared it yourself, that can escalate things and make evidence harder to collect.
- Save proof (screenshots, links, usernames) without re-sharing the image further.
- Report and request removal at NCMEC's Take It Down (takeitdown.ncmec.org). Under the federal TAKE IT DOWN Act, platforms have to remove a valid report within 48 hours.
- Tell a trusted adult, especially if it's circulating at your school, since they may be able to get the school involved too.

Spotting a fake "relationship"

- Strong feelings declared unusually early is a pattern, not a coincidence.
 - A consistent excuse for never meeting or video calling is one of the most reliable tells.
 - If money, gift cards, or crypto come up at any point, even framed as an emergency, that's the actual goal revealing itself.
 - Reverse image search the profile photo. Stolen photos of real people are the most common setup.
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Full guides: familyshieldonline.com/threats/ai-deepfake-risks.html · familyshieldonline.com/teen-zone.html