

FOR TEENS, AGES 13 TO 16 · FACILITATOR GUIDE

Classroom & Small-Group Discussion Guide

Six realistic scenarios for group discussion. Read one aloud, ask the discussion question, then share what actually helps if the group wants it confirmed. There's no need to cover all six in one sitting.

How to run it: read the scenario, then ask "What would you actually do here, and why?" Let a few answers land before revealing the response underneath. These are the same situations used in Teen Zone's interactive Reality Check missions.

1. The demand

Someone you matched with online has an explicit photo you sent, or a fake one they made with AI, and says they'll send it to your followers unless you pay \$200 right now.

What actually helps: Stop responding, screenshot everything, block them, and tell a trusted adult.

2. The favor for a friend

A friend forwards you a nude photo of someone from school and says "don't tell anyone I sent this."

What actually helps: Don't forward it, and tell a trusted adult what happened.

3. The fake you

You find out someone used an AI app to make a fake nude image of you from a normal photo, and it's being shared in a group chat.

What actually helps: Save proof, don't engage directly, and report it through NCMEC's Take It Down and a trusted adult.

4. The relationship that moves fast

Someone you've never met in person says they love you after two weeks of talking, always has a reason they can't video call, and now needs \$150 for an emergency.

What actually helps: Don't send anything, and treat the pattern as a scam warning.

5. The old post

You're cleaning up your accounts before college applications and find years of public posts, tagged photos, and location check-ins.

What actually helps: Set old accounts private, untag what you can, and turn off public location sharing going forward.

6. The bystander moment

A group chat starts piling on a classmate with screenshots and jokes, and people are pressuring you to add something.

What actually helps: Don't participate, save the messages, and let a trusted adult know what's happening.

Interactive version with badges: familyshieldonline.com/teen-zone.html · Full sextortion and AI risk guides are also in this pack.