

FOR FAMILIES WITH TEENS, AGES 13 TO 16

Family Safety Agreement

A template, not a contract. Fill it in together and revisit it every few months, since what's reasonable at 13 usually isn't the same at 16. Adapted from FamilyShield Online's 10-minute family safety checklist.

1. Accounts & privacy

We've turned on two-factor authentication for email, banking, and social accounts: Yes / Not yet. We've reviewed privacy settings on social and gaming accounts together on:

2. If someone online asks for photos or personal information

We agree the plan is:

3. If something feels wrong

Whoever it is gets told, no blame attached, first. That person is:

A backup adult, if that person isn't reachable:

4. Screen time and device plan

Our agreed plan for this school term:

5. Where to report something, fast

We've saved the reporting links from familyshieldonline.com/resources.html somewhere handy: Yes / Not yet.

6. What we're each agreeing to

- Parent/guardian: I'll respond calmly first and ask questions after, if something goes wrong.
- Teen: I'll tell someone if something online feels off, even if I'm not sure it's a big deal.
- Both: we'll revisit this agreement in a few months, since things change.

Teen

Parent / guardian

Based on the 10-minute family safety checklist: familyshieldonline.com/checklist.html