

FOR KIDS AGES 7 TO 12 • ACTIVITY SHEET 2 OF 2

Activity: My Safety Plan

Fill this in with a parent or grown-up. There's no wrong answer, it's just yours to keep.

Three grown-ups I trust and could tell if something online felt wrong:

Golden Rule 2 says passwords are just for me. My password rule is:

I will not share my password with _____, even if they ask nicely.

Golden Rule 3 says secrets are a warning sign. If someone online ever tells me to keep a secret from my parents, I will:

Golden Rule 4 says I can always say no. One thing I could say if someone online asked me for something that felt weird:

" _____ "

A time I already made a safe choice online (or one I want to remember for next time):

Based on the 5 Golden Rules from FamilyShield Online's Kids Corner (familyshieldonline.com/kids-corner.html).